

# PRACTICE NURSE ROLE

## **Patient education is a significant component of the Practice Nurse role.**

We believe patient education is vital for making informed decisions related to health. The practice nurse will establish a relationship with the patients immediately following their consultation with the specialist providing them with consistent support and education throughout each step of the process from diagnosis, surgery, immediately post operative and appropriate follow-up visits.

Examples include but are not limited to the following

- One on one consultation with patients requiring Pelvic Floor Exercises and Bladder training. These sessions are tailored to meet the individuals needs
- Patients experiencing difficulty voiding can receive immediate relief at the time of consultation as we are experienced in catheterisation including instruction on Self Catheterisation
- Another area of expertise we have within the practice is the ability to Change Supra pubic catheters
- Within the appointment system there is time dedicated specifically to education regarding pharmaceutical administration
- Urodynamics, Flow rates and Ultrasound of the bladder are performed within our Practice rooms in the presence of a Urology Specialists and our own urological Clinical Nurse Specialist.
- There is extensive education given to patients requiring a radical prostatectomy, nephrectomies, cystectomies pre-operative. Anatomical structures, computerised graphics and product demonstrations regarding catheters and surgical drains are part of this educational session. Together we discuss what each day of their post operative period will entail in order to decrease the patient's anxiety and ultimately address and answer all questions they may have related to their surgical episode.

Each Practice Nurse is intimately involved with

- Participation in the ward rounds with each of the Urology Specialist on a daily basis
- Consistent Clinical case review with each of the specialist
- First point of contact with patients requiring post operative clinical assistance which can be via phone or in person within the rooms
- Address immediate clinical issues identified on the ward, they implement first line management followed by direct discussion with the appropriate Urologist regarding further clinical intervention
- They are committed to providing patients with a follow up phone call once they are discharged from hospital.
- Clinical education involving the hospital ward staff
- Liaise with other specialty doctors should they require a specific urology consult

The Practice Nurse take great pride in developing relationships with all of there patients but should they not meet your patients needs we would welcome the feedback.