

# **URETERIC STENT**

# **INFORMATION SHEET**

- ❖ A ureteric stent (JJ stent, double J stent or pig-tail stent) is a plastic tube inserted into your ureter to prevent or treat obstruction of the urine flow from the kidney.
- ❖ If a stent is left in for too long, stone material may form around it, or it may break, which will make removal very difficult.
- ❖ It is a device not designed for permanent use. If you have a stent inserted then you must be reviewed by your referring urologist to arrange for stent removal, or further treatment. Following insertion, your stent should be removed within 3-6 months maximum.
- ❖ A stent often causes significant symptoms including pain (often in the back and/or lower abdominal region), frequency (wanting to go to the toilet to pass urine more often than normal), urgency (having to get to the toilet in a hurry), dysuria (pain or discomfort when passing urine) and haematuria (blood in urine).
- ❖ If you have any queries or concerns about your stent, please contact our Practice Nurse Karen Keene on 02 9587 4888.