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INTERNATIONAL CONSULTATION ON INCONTINENCE QUESTIONNAIRE

Many people leak urine some of the time. We are trying to find out how many people leak urine, and how much this bothers them. We would be grateful if you could answer the following questions, thinking about how you have been, on average, over the PAST FOUR WEEKS.

Date: ……..… Dr Name: ……

Patient Name: ……..… DOB: ……

Sex: …….. Age Group: 40 – 49 ❑ 50 – 59 ❑ 60 – 69 ❑ 70 + ❑

Please circle your answer	Never	About once a week or less often	Two or three times a week	About once a day	Several times a day	All the time	Your score
1. How often do you leak urine?	0	1	2	3	4	5	

Please circle your answer	None	A small amount	A moderate amount	A large amount	Your score
2. How much urine do you usually leak (whether you wear protection or not)?	0	2	4	6	

Please circle a number between 0 and 10	Not at all										A Great deal	Your score
3. Overall, how much does leaking urine interfere with your everyday life?	**0**	1	2	3	4	5	6	7	8	9	**10**	

TOTAL SCORE: Sum scores from questions 1 + 2 + 3 ☐

Please tick all the boxes that relate to you	Never -urine does not leak	Leaks before you can get to the toilet	Leaks when you cough or sneeze	Leaks when you are asleep	Leaks when you are physically active or exercising	Leaks when you have finished urinating and you are dressed	Leaks for no obvious reason	Leaks all the time
4. When does urine leak?								